



# Lock Out/Tag Out



## Program Length:

8 hours; this may vary slightly depending on class size

## Who Should Attend:

- Managers, supervisors, and workers who may encounter or have to control hazardous energy sources in the workplace
- Personnel requiring lock out areas prior to working on system/units
- Facility managers, workplace committee members and others who may need a general awareness of controlling hazardous energy



## General:

The term "Lock Out/Tag Out" refers to specific practices and procedures to safeguard workers from the unexpected energizing or start-up of machinery and equipment, as well as the release of hazardous energy during service or maintenance activities. Lock Out/Tag Out explains the importance of protecting the health and safety of workers.

## Learning Style:

Ultimately, the goal of this course is to educate participants as to the lock out process and how individuals should ensure they have the appropriate locks and information to complete a successful Lock Out. Curriculum covers basic workplace safety principles and examines the specific stages and procedures of the Lock Out/Tag Out process.

## Discussion Topics:

- Definitions of Lock Out/Tag Out
- How to Implement Lock Out
- What is hazardous energy?
- Hazardous energy sources in the workplace
- Importance and purpose of Lock Out
- When to Lock Out
- How to implement Lock Out
- Elements of hazardous energy control

## Outcomes:

Everyone must successfully complete the evaluation and achieve 80%. Participants who do not achieve 80% can review training content and try as many times as necessary to complete the course. Upon successful completion, you are given a printable certificate for your records.

## More Information:

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