



Fall Arrest Competent Person FA1599CP



Program Length:

5 days (40 hours)

Who Should Attend:

Any person responsible for inspecting or auditing compliance of personnel working at heights using a fall arrest system, safety personnel looking to expand their knowledge of fall arrest systems, site supervisors responsible for the control and implementation of fall arrest systems.

General:

This course is a combination of several RuSafe Inc. modules:

- FA1500AU Fall Arrest Awareness (authorized user)
- FA1504EI Fall Arrest Equipment Inspection
- FA1501AD Advance Fall Arrest/Detailed Skills
- Competent Person

The course is designed through years of working at heights and writing procedures in a variety of industries and construction environments. RuSafe Inc. focuses training on the needs of the participant. We can help you to develop sound knowledge of the fall arrest system through a variety of practical exercises using an array of equipment to work and move safely at heights. The course focuses on ensuring each participant understands their roles and responsibilities as a competent person and can design controls to identify hazards. They will then be able to allow workers to complete at-height tasks safely, efficiently and within time and cost constraints.



All too often workers enter areas of risk while working at heights without a proper plan or procedure to control hazards. This is often done under the watchful eye of a supervisor who does not fully understand the ramifications of their actions and did not consider all the hazards and controls required. Participants learn CSA/ANSI standards relating to the governing regulations and manufacturer specifications of fall arrest equipment. Training also covers the control mechanisms required to ensure a safe work site and the information for toolbox talks. Students will install fall arrest systems, temporary horizontal lifelines and participate in rescue scenarios at heights.

Learning Style:

The course is divided in to classroom time, supplemented with PowerPoint and video presentations, as well as practical training. For more information, see course outlines for the individual courses that make up this training.

Course Outlines	Doc Control #: FA1599CP	Original Date: 7-Aug-2006	
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Discussion Topics:

- Legislative requirements of Province/State or Canada Labor Code
- The definition of fall protection
- Hazards associated with working at height
- Planning corrective actions to counter hazards
- The hierarchy of fall protection and correct methods of use such as, but not limited to, engineering controls and work positioning systems
- Planning rescue requirements when working at height



Class Size:

Maximum 15 participants, minimum of 6 for on-site training.

Outcomes:

Participants will:

- Receive a workbook containing course subject material
- Understand their responsibilities and demonstrate knowledge through test questions and completing a hazard assessment with fall arrest controls to mitigate the risk associated with working at heights
- Understand the duties of program administrators, qualified persons, competent persons, authorized users and competent rescuers
- Demonstrate, through writing a hazard assessment and controlling the risk, their knowledge of the hierarchy of fall protection
- Have to display competency in an evaluation of a fall protection plan - identifying hazards, designing controls, implementing control processes, and producing a maintenance plan to test and review that their design is working correctly

Upon successful completion of the final exam, each participant is given a wallet card qualifying them as a Fall Arrest Competent Person. Each participant also receives an extensive Fall Arrest manual as a workplace reference guide.

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