

# Fall Arrest Train the Trainer FA1503TTAU



#### **Program Length:**

5 days (40 hours) Includes 16 hours prerequisite for Fall Arrest Detail Skills. If prerequisite already acquired, can just attend 3 days

### Who Should Attend:

This course is intended for individuals with a background in adult education and training, and while it will highlight teaching methodologies, it should not be mistaken as a comprehensive course in adult education. It focuses on the technical skills and knowledge of fall arrest equipment systems and planning. Participants should possess a working knowledge of the pertaining fall arrest regulations, as well as fall protection equipment with working knowledge of the CSA fall arrest standards.

## General:

Focus is on practical teaching and techniques to provide a trainer with the ability to instruct a 1-day Fall Arrest program. This training program complies with the strict requirements of ANSI 359.1 Minimum Requirements for a Comprehensive Fall Protection Program, CSA Z1001-13, Occupational health, and safety training and ANSI criteria for accepted practices in safety and environmental training.

Each candidate will review the methodology of building course teaching points and create a curriculum of their awareness training course when returning to their respective companies. During these practice sessions, teaching instructors' candidates receive feedback from their peers and the RuSafe Inc. instructors.

The course is designed to allow new instructors to gain valuable in-depth insight into the fall arrest equipment usage and application of the various manufacturer's products.

# Learning Style:

Course length is 5 days - 2 days of detailed skills on Fall Arrest and 3 days for "Train the Trainer" program.

## **Discussion Topics:**

First 2 days incorporate intensive instruction and practical teaching theories of fall arrest equipment requirements governing fall protection regulations, manufactures specifications and the CSA/ANSI standards pertaining to fall arrest. Candidates receive comprehensive instruction in the requirements of fall arrest systems, CSA 259.17 Selection and use of active fall protection equipment and systems. Last 3 days are spent with participants answering specific questions of the material, delivering questions to fellow students in the class, and providing the detailed answers to the questions under the watchful eye of a qualified master trainer.

#### **Class Size:**

Maximum course size is 12 participants, minimum of 6.

#### **Outcomes:**

Each participant will gain knowledge of the training requirements and knowledge of the contents of a fall arrest program. Students will leave with a 1000+ page manual (electronic version) with complete information to build a fall arrest training program.

Course Outline	Doc Control #: FA1503TTAU	Original Date: Aug 7 2006	
Original Prepared By: Arleigh Robar	Revised By: Linda Wilson	Revision No: 03LW	Revision Date: Aug 25/20
Document location: remote share/course outlines		Page 1:	



# Fall Arrest Train the Trainer FA1503TTAU



## **Requirements for delivery of any RuSafe Program:**

- A company or person delivering the RuSafe Inc. training programs shall provide proof of insurance that covers the trainer in general and professional liabilities to a minimum level of \$2m.
- Shall sign a contract that they will deliver training within their company only unless seeking authorization from RuSafe Inc. President.
- Pay a fee for each student manual and certification of the trainee

# **Contact Information:**

Linda Wilson: <u>linda@rusafe.ca</u> C: 902-523-1410 Arleigh Robar: <u>arleigh@rusafe.ca</u> C: 902-521-4777 O: 902-766-0348

Course Outline	Doc Control #: FA1503TTAU	Original Date: Aug 7 2006	
Original Prepared By: Arleigh Robar	Revised By: Linda Wilson	Revision No: 03LW	Revision Date: Aug 25/20
Document location: remote share/course outlines		Page 2:	